

# VEGAN SPOTLIGHT: STEFANO'S SANDWICHES

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DINE OUT

SIP + SAVOUR

0 COMMENTS

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Stefano's Sandwiches has perfected a *marvellous meatless menu*. The popup concept housed in **Ufficio** is cranking out handcrafted plant-based comfort food with flair. And its popularity is downright feverish. Our very own monochromatic *slightly Schitt-scented Dan Levy* has proclaimed these sandwiches **the best he's ever had**, which I have to assume he's tried a bunch (*although with his svelte figure I would assume he's following a keto diet*).



Running a swift takeout game on Dundas West, **Stefano's Sandwiches** come stacked on made-in-house buns, slathered in homemade sauces, including the mayo. The noodles for the Mac and Cheese, Chocolate "Milk" and Italian influenced desserts like Tiramisu are all crafted in-house too. Pretty much everything but these cutesy (but super-structural) toothpicks are made in the tidy kitchen.



**All Day Breakfast** (\$13 lead photo) takes *avocado toast* to new heights. Convincingly eggy, mung bean protein gets the science award for egg-like texture. The "eggs" are fluffy and balanced like an actual egg would be in this scramble format. Sitting on precision-cut avocado and a nifty little pinto-bean sausage patty, this protein-loaded sammy is the handheld breakfast you've been craving.





Crafted like the Colonel, only with much cleaner ingredients, the **Vegan Fried Chicken Sandwich** (\$14) is finger-lickin' good. Like undeniably delicious, **seek-this-sammy-out good**. Made by **Heura Foods**, this "chicken" is phenomenally chickeny, it's impressive and interesting, it's familiar and as it is foreign. It's like the best parts of chicken, the moist and stringy texture is bang-on- and it possesses poultry's documented ability to take on any flavour thrown at it. It is soy-based succulent and magical. **Ziya Tong**, host for **Discovery Channel** loaned the secret spice to the recipe that develops these traits further. All dressed up on one of Stefano's ciabatta buns, it's a showstopper.



Combo it all up with some daring sides, like the immaculately conceived **Vegan Avocado Cashew Caesar** (\$8) with necessary crunch factor by way of '*parmesan cheese*' and crispy croutons. Definitely don't pass up the **Vegan Mac & Cheese**, it's got lovely crunchy bits and that ooey-gooey cheese factor, it highlights the recipe achievements of Stefano- his kitchen wizards have struck again.

Stefano's Sandwiches is **Open Wednesday to Sunday 12-8pm**- Check out their **Instagram** for up to date specials and new menu items.

Stefano Sandwiches, along with other plant-based dishes are also available on **Doordash** from our sister restaurant Ufficio.

All images by **Libby Roach**.